District Athletics Success

Congratulations to our students on their sporting achievements!

Phone: (02) 6924 5475
Fax: (02) 6924 5432
Email: illabo-p.school@det.nsw.edu.au
Website: www.illabo-p.schools.nsw.edu.au
## 2015 Calendar

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<td>Wednesday 26 Aug</td>
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<td>K-2 Excursion to Junee and 3-6 Excursion to Wagga as well as Riverina Athletics in Albury</td>
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<td><strong>Tuesday 6 October</strong></td>
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**Coming Events**

- **Thursday 5 Nov** | School Photos
- **Mon 9 – Fri 13 Nov** | Years 3-6 to Jindabyne Sport and Recreation Camp

## Feature Photo

Our athletics team with the Average Points Championship Trophy they won at the CDPSSA Athletics Carnival

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A message from Meredith

CDPSSA Athletics Carnival

Congratulations 3-6 on your terrific participation and skill at the Cootamundra District PSSA Athletics Carnival held at Temora last Friday 14 August. Illabo PS won the Average Points Championship Trophy and their relay! A big thank you goes to our wonderful support team of parents and Mr Meyers, who accompanied our team on the day.

Our Relay Team winners!

Highlights (that we know of so far) include:

- PP5 Nigel Bagley Relay team: Emily Ryan, Anisa Rees, Taiyo Rees and Max Day – 1st
- Anisa – 1st 800m; 3rd 11 year Girls overall
- Max – 3rd 100m; 1st 200m and 2nd Discus, 1st Long Jump
- Taiyo – 2nd Shot Put and Discus

The Riverina Regional Carnival is being held in Albury on Monday 31 August. This will clash with our theatre booking of The 26 Storey Treehouse. At this stage if we have theatre spaces available due to attendance at the carnival, they will be offered to Year 2 students.

After School Sport (ASS)

After School Sport started this week on Tuesday with all students enjoying rugby techniques, with coach, Michael.

I thank Ronnie for starting the bus run at 4:00pm to assist our ASS program.

Book Week –24-28 August

Book Week will be celebrated next Wednesday 26 August from 2:30pm. Come and join in the fun! Many costumes can be put together from items already in the home – many stories feature boys/ girls/ mums and dads. Kinder Orientation students are of course included.

All of our students are looking forward to our Book Week celebrations! I look forward to catching up with families on Wednesday afternoon.

Excursion Day – Monday 31 August

Years 3-6 are to attend the Wagga Civic Theatre with costs for the day being $14.00 per student (including transport costs by Junee Community Transport). Students will have recess and lunch in the park. Mrs Holden will accompany our students.

Years K-2 will have a history tour of Junee visiting the Roundhouse Museum, the Licorice Factory and Junee Library. Transport will be by Rural Buses. Mr Meyers and Mrs Downey will accompany our students. Cost for the Licorice Factory is $7.00 per student payable before the excursion please. Please send in your payment in an envelope marked with your child’s name, money enclosed and details of event.

Please return outstanding permission notes prior to the excursion.

Thank you

A big thank you to our dads for the dad power on Wednesday morning to assist our GA, Roy with removing the old sliding door in the learning centre. The new space will allow for more room and a new display area.
Kath Powderly Workshop

Kath Powderly will be at school on **Tuesday 1 September** for her workshop. Please remember this is an old farm clothes day! Lots of clay and use of creative skills! This year the students are creating hen sculptures in readiness for the Illabo Show. The cost for the day is **$15.00 per student** which is still heavily subsided against the overall cost. Please send in your payment in an envelope marked with your child’s name, money enclosed and details of event prior to the day.

Wagga Speech and Drama Eisteddfod

Students in Years 2-6 will be travelling to Joyes Hall, CSU Campus, Wagga Wagga to compete in the Small Schools’ Choral Speech Section on **Tuesday 8 September**. We will be leaving school at 10:30am to arrive at the venue in time for a quick recess with our section commencing at 11:45am. Lunch will follow before heading back to school for the normal bus run. Transport will be by the Junee Community Transport bus and willing parents (please). Cost for transport is **$2.00 per student**. Please send in your payment in an envelope marked with your child’s name, money enclosed and details of event.

A reminder, students are to wear their **full winter school uniform** with **black school shoes**.

Jeans for Genes Day

I’d like to give a big thank you to everyone who wore their jeans and made a donation to support Jeans for Genes Day held on Friday 7 August. Our school was able to raise $60.00 for this worthwhile cause.

Upcoming events

I will be attending the Primary Principals’ Association Conference at CSU in Wagga this Thursday 20 and Friday 21 August.

Next Friday I will be attending the Cootamundra Principals’ Network Day with our Director Ms Toni Macdonald in Tumut.

Woolworths Earn and Learn

The Woolworths Earn and Learn program will continue until Tuesday 8 September with stickers collected from Woolworths for every $10.00 spent (excluding liquor, tobacco and gift cards). Extra sticker cards are available from school when needed. Please send cards / stickers to school or drop into the collection box at the Gurwood Street and Cootamundra Woolworths stores. Thank you for your continued support allowing our school to obtain some great new equipment!

Kangaroo March reminder

All students will be attending and participating in our local Commemorative Service at 2:20-3:00pm at the Illabo Cenotaph on **Wednesday 9 September**. Normal home time will be at 3:00pm for the bus run. Afternoon tea will be at the Cenotaph with the **community asked to bring a plate please**.

Old fashioned games have been extended at school all week from 7-11 September, at recess and lunchtime, to ensure we all have a good play!

Don’t forget to download our Skoolbag App!

Illabo Public School’s Skoolbag App is available at no cost via your Apple or Android App Store.

Keep up with what’s happening at school by downloading this fantastic communication tool!
**Parent Information**

**Nutrition Snippet**

**The simplest way**

...to pack a healthy lunch box.

Packing a healthy lunch box is one way to get your kids eating the right amount of fruit and veg. There are a few ways of making healthy lunch boxes hassle free:

- Pack it the night before, so it's not a rush in the morning.
- Always pack a serve of fruit, chopped or sliced for younger kids, or a fruit salad for a change.
- Always pack a serve of veg: think sliced vege sticks, hummus or vegie dip, left over roast veggies.
- Include salad on your child's sandwich – every bit counts!
- Include wholegrains and a serve of protein (lean meats, eggs and tofu all count)
- Add a serve of dairy and a bottle of water.

**Remember to aim for five serves of veg, and two serves of fruit every day!**

*For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit*

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**Community News**

**The Illabo Community invites you to a**

**Dinner & Theatre Night**

**at the Illabo Showground Pavilion**

**Date:** Wednesday 9 September 2015

**Dress:** Please come dressed up for the occasion in your 1950s attire!

**Menu:** 2 course traditional meal $30.00 (including tea and coffee)

**Bring YOG**

**Time:** 6:00pm start

The Illabo Melodrama Group will be amusing guests with ‘Interactive theatre’ throughout the evening.

**RSVP:** Cheryl Carter by 28 August please on 6942 5483, 0427 265483 or email: illabo@bigpond.com

**Methods of payment:** deposit payment into the Illabo Melodrama account 063557 38001339 – (please write your name when making payment), or alternatively drop off payment to Illabo Public School’s office on Tuesday, Wednesday or Thursdays.

Closing date for payment is 28 August.

No tickets at the door – get in quick, seats are limited. One night only!

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**A Quick Bite…**

**I Can Eat a Rainbow**

Eating a rainbow of fruit and vegetables links the colours of the rainbow to the many different coloured fruits and vegetables. There are loads of health benefits when a child eats a rainbow as this provides a wide variety of essential vitamins, minerals, fibre and antioxidants to their diet.

Get your child to help list some fruit and vegies of each colour. We’ve listed a few to get you started!

**Red:** cherries, red capsicum, starfruit

**Yellow:** sweetcorn, mango

**Orange:** sweet potato, apricot

**Green:** avocado, snow peas

**Blue/Purple:** purple cabbage, figs

**Brown/White:** mushrooms, lychee

What others can you include on your menu this week?

*For more information visit milhd.health.nsw.gov.au/keepinghealthy*

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**Junee Charity Ball**

**Junee Business and Trades invites Businesses and Community Members to our Charity Ball Gala Evening**

**Saturday 5th September 2015**

**6:00pm**

**Athenium Theatre, Broadway Junee**

**Black & White Theme**

$95.00 per person. Includes real entertainment and live entertainment (or tables of 10 $900)

Proceeds from the Charity Art Auction and Ticket Sales on the night will go to the Junee Bowling Club and Junee Community Services.

**Byo Drinks**

**Dress Code:** Black Tie (optional)

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*Join fellow business owners, staff, and community members for a special evening of live entertainment, sparkly food and wine, dancing and great company, all in the support of the Junee Bowling Club and the growth and development of Junee.*

This ball is for everyone! Whether you work in Junee and throughout the Riverina are encouraged to get together a table of ten to enjoy a great social night out.

**Tickets available from Remax & Ag & Vet Junee.**

For more information on the Junee Charity Ball 2015 please call Anna at Remax on 0416 423 623 or email anna@remax.com.au
Children’s Theatre Workshop presents School Holiday Entertainment – Alice in Wonderland

Directed by Louise Blackett, at the Civic Theatre Basement, Wagga Wagga.

Performances:
- Monday 21, Tuesday 22 and Wednesday 23 September – 11:00am – 2:00pm
- Sunday 27 September – 2:00pm
- Monday 28 September – 11:00am – 2:00pm

Tickets $7.00 for adults and children (available at the door before each performance).

EURONGILLY DISTRICT HALL COMING EVENTS

The Eurongilly Hall is 90 this year and is in need of repairs and has a shortage of money to carry these out. Therefore it was decided to organise some fun activities to help raise funds.

Two of these are listed below and Fiona Rankin is also looking at organising a ball next Autumn.

As well as this, those who did the First Aid Course last year will need to update their Cardiopulmonary Resuscitation Certificate (this has to be done every 12 months). Training will be at 9.15am – 12.30pm on Wednesday 20th September at the Eurongilly Hall and the cost will be $55 each if we get over 10 attending. Otherwise it will be $77 per person. If you have not done the First Aid Course and would like to do so you can stay on in the afternoon and finish the course and the total cost for the full day if $145 per person.

Please let ME know by 31st August if you are coming or not.

Also on 16th September there will be a Fire Safety morning for women on how to equip yourself & family in case of fires. More coming from Landcare about this no cost!

EURONGILLY HALL 90TH BIRTHDAY FAMILY FUN & GAMES AFTERNOON, SAUSAGE SIZZLE & BONFIRE. Friday, 4th September, 4pm at the hall. $5 per head – maximum $20 per family. Please let me know who is coming so we have a rough idea of how many to cater for. Parents needed to help build the bonfire.

EURONGILLY HALL 90TH BIRTHDAY MYSTERY BUS TRIP & DINNER: Saturday 19th September.
Cost $55 per head. Names to ME by Monday 14th September

Gail Commens
69245213…..or ….0427245213 ………. Fax 69245221
Email: commens1@bigpond.com